



Youth Development in Spain – LaLiga Methods and Philosophy

Presented by US Club Soccer and LaLiga

Classroom Session at the 2016 NSCAA Conv. | Fri., Jan. 15, 2016 | 2:30 p.m. – 3:30 p.m. | Conv. Ctr. Room 314-315

SUMMARY:

This presentation will outline some of the key philosophies and methods in youth development used in LaLiga youth academies, and why they are critical to long-term athlete development, including concepts on how to plan and periodise training for youth teams. These concepts will be brought to the United States in more detail through the LaLiga/US Club Soccer technical partnership and the LaLiga Formation Methodology courses being hosted by US Club Soccer in 2016.

CLINICIAN BIOGRAPHIES:



LaLiga methodology expert **Gari Fullaondo** is the Technical Advisor for the Committee of Football Coaches of the Royal Spanish Football Federation, the Director at Kimet Sport, which advises sport methodology and offers consulting services. Fullaondo is a UEFA-PRO coach with a master's degree in physical training, and was previously the Director of Methodology at Athletic Bilbao.



Hugo Blanco is LaLiga's Sports Projects Coordinator and an expert in methodology training. He has extensive experience with the Galician Football Federation and Galician School of Coaching, among other organizations. Blanco holds a Ph.D. in Science of Physical Activity and Sport from Universidad de A Coruña and has researched and published several articles relating to top-level soccer performance.

ABOUT US CLUB SOCCER AND LALIGA:

La Liga, the Spanish professional league widely regarded as the best in the world, has entered into a long-term, comprehensive technical partnership with US Club Soccer. Introduced by Nike, the partnership provides a variety of coaching education and player development resources and opportunities to US Club Soccer clubs, coaches and players.

FOR MORE INFORMATION:

US Club Soccer: (Booth #2205)

Web: usclubsoccer.org & usclubsoccer.org/playersfirst

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LaLiga:

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