



TENTATIVE SCHEDULE – SUBJECT TO CHANGE:

FRIDAY, JULY 7, 2017:

- 12:30 p.m. – **Check-in**
1:00 p.m.
- 1:00 p.m. – **Welcome / Introduction**
1:15 p.m.
- 1:15 p.m. – **Classroom Session:** Why LaLiga and Methodological Introduction.
2:15 p.m.
- 2:25 p.m. – **Classroom Session:** Methodological criteria for designing a training and performance model.
3:55 p.m.
- 4:05 p.m. – **Classroom Session:** Management of the methodological and sports area of the club. Planning the training process in the initiation and performance stages.
5:35 p.m.
- 5:45 p.m. – **Classroom Session:** The implementation of the Kimet Planning application in the methodological and management structure of the club.
6:45 p.m.

SATURDAY, JULY 8, 2017:

- 8:30 a.m. – **Field Session 1:** Design and Analysis of Tasks in the Warm Up, Cool Down and Movement Training.
10:00 a.m.
- 10:15 a.m. – **Classroom Session:** The creation of the Training Model, and its planning and training process.
11:45 a.m.
- 12:00 a.m. – **Field Session 2:** Individualized Training. The IPO Projects in Functional "Work by Lines"
1:30 p.m.
- 1:30 p.m. – **Lunch**
2:15 p.m.
- 2:15 p.m. – **Classroom Session:** Tactical and Match analysis, New Technologies applied to soccer optimization.
3:30 p.m.
- 3:45 p.m. – **Field Session 3:** Design and Analysis of Tasks in the Technical Area and the Tactical Concept.
5:15 p.m.
- 5:30 p.m. – **Classroom Session:** Creating the Game Model: Roles, Requirements, and Concepts (Game Observation).
7:00 p.m.

SUNDAY, JULY 9, 2017:

- 8:30 a.m. – **Field Session 4:** Design and Analysis of Tasks in Physical Training Based on the Demands of the Game Model
10:00 a.m.
- 10:15 a.m. – **Classroom Session:** Individualized training (IPO projects), evaluation in Soccer and PDP Projects.
11:30 a.m.
- 11:45 a.m. – **Field Session 5:** PDPs in stages of Formation (initiation)
1:15 p.m.
- 1:15 p.m. – **Lunch**
2:00 p.m.
- 2:00 p.m. – **Field Session 6:** PDPs in stages of Training (development).
3:30 p.m.
- 3:45 p.m. – **Classroom Session:** Coaching Intervention in Training: Reflections and Behaviors
4:45 p.m.