



Events in Chicago around the LaLiga Formation Methodology Level 3 course

Tuesday, Aug. 1, 2017

- Arizona Diamondbacks at Chicago Cubs
 - 7:05 p.m. CDT, Wrigley Field; Chicago, IL
 - **Promotion:** Cubs ice mold, presented by Jim Beam; up to 10k early arriving fans age 21 and older

Wednesday, Aug. 2, 2017

- MLS All Stars vs. Real Madrid
 - 7 p.m. CDT, Soldier Field; Chicago, IL
- Arizona Diamondbacks at Chicago Cubs
 - 7:05 p.m. CDT, Wrigley Field; Chicago, IL
 - **Promotion:** Cubs fedora, presented by Barefoot Wine; up to 10k early arriving fans age 21 and older

Thursday, Aug. 3, 2017

- Arizona Diamondbacks at Chicago Cubs
 - 1:20 p.m. CDT, Wrigley Field; Chicago, IL
 - Cubs t-shirt, Presented by CSN; up to 10k early arriving fans

Friday, Aug. 4, 2017

LaLiga Formation Methodology Level 3 Course

8:00 a.m. - Check-in

9:00 a.m. - Welcome / Introduction

9:15 a.m. - Classroom Session: Development and Management of the Training Model

11:15 a.m. - Classroom Session: Soccer Training Structure

1:45 p.m. - Field Session 1: Warm Up and Cool Down

3:45 p.m. - Classroom Session: Technical Concept and IPO (Individualized Project of Optimization)

5:15 p.m. - Technical and Field Session 2: Technical and Tactical Concept

7:00 p.m. - Sessions conclude for the day

Saturday, Aug. 5, 2017

LaLiga Formation Methodology Level 3 Course

8:30 a.m. - Classroom Session: Tactical Concept Training

10:00 a.m. - Field Session 3: IPO (Individualized Project of Optimization)

1:00 p.m. - Classroom Session: Methodological Foundation

2:45 p.m. - Classroom Session: System Development & Strategy Training- The Game Model

4:40 p.m. - Field Session 4: System Development and Strategy

6:30 p.m. - Sessions conclude for the day

Sunday, Aug. 6, 2017

LaLiga Formation Methodology Level 3 Course

8:30 a.m. - Classroom Session: Software Tool – Kimet Planning – LaLiga

10:00 a.m. - Classroom Session: Training of Qualities and Physical Qualities

12:00 p.m. - Field Session 5: Movement and Physical Qualities

2:00 p.m. - Course concludes